

More Resources for Contra Costa County Community Members

California is providing new, no-cost services for community members in Contra Costa County who have complex health or social needs and Medi-Cal insurance with Contra Costa Health Plan or Kaiser Permanente. If you or your community member qualifies, they may be eligible to receive these services and others at no charge:

- Help to connect to health and social services (Enhanced Care Management, or ECM)
- Support with finding and keeping housing
- Help to access mental health or substance use care
- Home-delivered food or meals
- Help with transportation
- Modifications to be able to stay in their home
- Personal and homemaker services in the home
- Short-term relief, or respite care, for caregivers
- Modifications to prevent asthma in the home

HOW TO KNOW IF THEY QUALIFY FOR THESE SERVICES

1.

Medi-Cal: The first requirement is to be on Medi-Cal insurance. If your community member is not yet on Medi-Cal, they can talk to someone to see if they qualify.

Contra Costa County Employment and Human Services Department: Call 866-663-3225, apply at <https://benefitscal.com/>, or walk into any county social service location listed on the webpage linked through this QR code.



2.

Health Plan: The community member also has to be a member of a Medi-Cal health plan. They should have an insurance card from one of these plans:

Contra Costa Health Plan

Kaiser Permanente

3.

Condition or Situation: Is the person you're referring living with any of the following conditions or situations that may qualify for this additional support?

1. Homelessness
2. Medical conditions such as cancer, diabetes, obesity or kidney disease
3. Asthma
4. Mental health conditions
5. Substance use disorder
6. Frequent ER or hospital visits
7. Lack of access to stable, nutritious food
8. Foster youth
9. Children who are homeless or have mental health or substance use concerns
10. People transitioning from juvenile detention, jail or prison back to the community
11. Pregnant or postpartum and African American, American Indian, Alaska Native, or Pacific Islander

If these three steps are met, your community member may qualify for these new services! If you're unsure, apply anyways! Please use the QR codes below to apply.

Contra Costa Health Plan



Kaiser Permanente

